

IIM Shillong observes International Yoga Day



'Yoga for All 3.0', an IIM Shillong initiative to mark the third International Yoga Day, got underway on 21st June here in Shillong. The five-day workshop is scheduled to continue till 25th June, and is set to host multiple Yoga learning sessions that are interspersed with interactive Q&A sessions. Facilitators of the workshop include renowned Yoga Gurus Swami Chidananda Ji Maharaj and Swami (Dr.) Dhirendracharya, founders of the Yog Sadhna Mission. This a national-scale charitable organization working for the promotion of yoga, naturopathy and the development of tribal regions.

The workshop was inaugurated on June 21, 2017 by Swami Chidananda Ji Maharaj, Swami (Dr.) Dhirendracharya, and Dr. Amitabha De, Director, IIM Shillong, in the presence of faculty members and students of the institute. "With time being a major constraint these days, we want to focus on techniques that are easy to perform anywhere and are not time consuming" said one of Dr Dhirendracharya

The Director of the institute Dr Amitabha De also highlighted the significance of yoga in corporate life and its importance for the managers of tomorrow. One of the participants, Rashika Saraswat said "The sessions have been a valuable addition to our curriculum and has helped reduce our stress in a short span of time". The sessions also saw active participation by the faculty, who stressed on how Yoga doesn't just improve physical but also the mental health of the students.

The yoga sessions are followed by a healthy breakfast, where minimally processed food items and fresh fruits were served to all the attendees, including faculty members and staff in addition to students. The program culminated on the 25th of June, 2017 with all the participants taking back an endearing experience that is sure to help them in the future and maintain a healthy work life balance.

IIM Shillong inaugurates 10th PGDM batch



Indian Institute of Management, Shillong set foot into the 10th year of its journey of dispensing unique management education on 3rd of July 2017. The institute inaugurated its 10th Post-Graduate Diploma in Management (PGDM) batch and the 6th Fellow-Programme in Management batch this Monday in the presence of Mr. Sadashiv Nayak, CEO Future Retail Ltd. and Big Bazaar, the Chief Guest for the occasion.

The session was addressed by Professor Amitabha De, Director, IIM Shillong who thanked Mr. Nayak for enlightening the students with his valuable insights. The participants were briefed about what lay ahead for them in the next two years, and how to make the most of it. They were also apprised of the immense learning opportunities that awaited them in the time to come.

"As students, observe, learn, and discover your strengths, and enjoy every aspect of your two years as it will shape each one of you as a strong individual", said Mr. Nayak. While addressing the next generation of managers at IIM Shillong, he spoke about how Big Bazaar is about ordinary people doing extraordinary things and how there is a lot to learn from everything one does.

Emphasizing the ethos of the Institute, the Director, Professor Amitabha De, said, "Strong individual capability and feeling of togetherness is what makes IIM Shillong a family."

The institute looks forward to its 10th year in scaling greater heights and hopes to continue the legacy of providing better managers and better leaders to the nation.

Ownership shapes institutional building exhorts HRD Minister of State

Dr Mahendra Nath Pandey Hon'ble Minister of State for HRD (Higher Education), Govt of India on 9th June, 2017 visited the Indian Institute of Management, Shillong during the course of his short stay in Meghalaya. On arrival, the Minister was taken for a first-hand view of the premises at

IIM Shillong's current campus, including the auditorium where Dr. Kalam had delivered his last lecture.

During his visit, Dr. Pandey was welcomed by the Institute's fraternity, post which he had an interaction with the Director and faculty members on various issues of regional and national importance. Visibly happy with the strides of progress made by the Institute, Dr. Pandey encouraged the gathering to exercise continuous efforts in the days to come, so as to be able to maintain standards to meet both national and international expectations. He remarked that it is amply evident that each member of the Institute has been working from the heart. This sense of ownership is what will further the cause of institutional building.



Another facet of responsibility that the honourable Minister felt IIM Shillong should persistently take up is in ensuring its role as a catalyst focusing on the developmental needs of the India's North-eastern region where the Institute operates from, thereby making itself accessible for overall growth of NER apart from imparting quality higher education to the students from across India. He congratulated the efforts of the Institute's leadership in meet PM Modi's vision towards holistic societal development. He further highlighted the government's quest to initiate policies which would be followed by others in the days to come. The job of the Institute's stakeholders, given their rich expertise is to draw new ideas and explore areas for innovative practices, which he was sure would assist in further building the dream for New India.

During the interaction, the Director of the Institute shared the success stories of the Institute through the persistent achievements of its student and faculty community during its 10 year span of existence. He further informed the Minister regarding the support through DoNER and NEC towards setting up of the APJ Abdul Kalam Center for Policy Research & Analysis. "The Center aims at achieving developmental framework on six key areas such as Tourism, BPO, Logistics, Handloom and Handicraft," remarked Prof De. "In addition, the Center for Development of NER set up since inception of the Institute is assisting in capacity building to ensure employability of the youth of this region. The students of IIM Shillong have also initiated Nurturing Minds wherein students of local schools are being given quality tuition in the area of science and mathematics keeping up the urge of Dr. Kalam for transfer of knowledge to the underprivileged."

In his culminating words, Dr. Pandey urged the community of faculty members to work in tandem with the overall aim of moving from assistance in 'Look East' to 'Act East' vision of the country and ensured all out support to the Institute in its initiatives.